

STEADFAST TEENS
Discussion Questions – Bullying

1. What are some examples of bullying?

2. Have you ever been bullied?

3. Have you ever witnessed someone being bullied?

4. What do you believe make some people targets for bullying?

5. Why do you believe some people become bullies?

STEADFAST TEENS

Tips and Resources–Bullying

Memory Verse: God is our protection and source of strength. He is always ready to help us in times of trouble (Psalm 46:1).

Ways to prevent bullying:

1. Pray to the Lord for help.
2. Act confident.
3. Diffuse with humor if possible.
4. Avoid being alone.
5. Stay away from places where bullies hang out.
6. Remain calm.
7. Keep near adults.
8. If in danger, don't be ashamed to run.
9. Talk about it with a parent, pastor, school counselor, or someone else you trust.
10. *Never buy into anything that bullies do or say about you.
You are a wonderfully made child of the One True King.*

Ways to deal with cyberbullying:

1. Be careful of what you post and who you “friend.”
2. Block bullies from your social media and phone.
3. Report cyberbullying to the internet service provider, the website, and/or cell phone company.
4. Contact police if threats of harm are made.

Help Lines:

- | | |
|----------------|--------------------------------------|
| 1-877-332-7333 | Real Help for Teens Hotline |
| 1-800-273-8255 | 24/7 Crisis Call Center |
| 1-800-420-1479 | CyberBullying Hotline – call or text |
| 1-866-444-6996 | Anti-Bullying Hotline |
| 1-800-273-TALK | National Suicide Prevention Hotline |

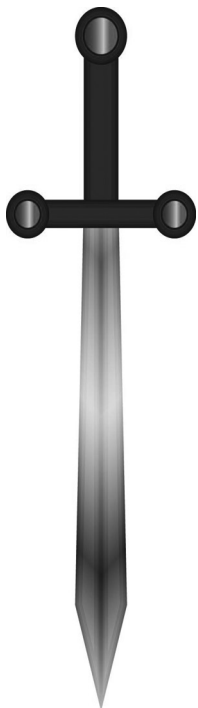
Links:

www.stopbullying.gov

www.bullying.org

http://www.stompoutbullying.org/livechat_portal.php

Sword of the Spirit:



For God did not give us a spirit of fear, but of power and love and self-control (2 Timothy 1:7 NET).

So be strong and courageous! Do not be afraid and do not panic before them. For the Lord your God will personally go ahead of you. He will neither fail you nor abandon you (Deut. 31:6 NLT).

You, Lord, are the light that keeps me safe. I am not afraid of anyone. You protect me, and I have no fears (Psalm 27:1 CEV).

You shall not take vengeance, nor bear any grudge against the sons of your people, but you shall love your neighbor as yourself; I am the Lord (Leviticus 19:18 NASB).

Don't let evil defeat you, but defeat evil by doing good (Romans 12:21).

Call to Jesus:

Lord Jesus, I ask You to come into my life and forgive me for all of my sins. I believe with my heart and confess with my mouth that You died for my sins but rose on the third day so that I may be saved. With You I never have to go through life alone and I am an overcomer! Thank You, Jesus, for Your gift of eternal life. Amen!

STEADFAST TEENS
Discussion Questions - Bullying and the Bystander

What would you do if:

2. You get a text that someone maliciously forwarded from a friend who discusses a guy she thinks is hot.

3. You witness a group of students tease another for being overweight/outfit/hair/glasses.

4. You read an untrue post or blog that says someone has had sex with a classmate.

5. You witness a guy talking sexually to a girl who doesn't want to have this conversation.

7. You witness a group calling someone of a different ethnic race derogatory remarks and pushing him/her around.

10. You witness a bully cruelly imitating someone.

11. Someone tells you a nasty rumor about someone else.

14. You see someone spitting in someone else's drink in the cafeteria.

15. You read mean comments on someone else's status.

STEADFAST TEENS

Tips and Resources - Bullying and the Bystander

Memory Verse: Do what is right and good in the Lord's sight so that it may go well with you (Deuteronomy 6:18 NIV).

What to do as a Bystander:

1. Pray to the Lord for help.
2. Never join in.
3. Don't just stand there and give the impression that you approve.
4. Defend the person being bullied if it won't put you in danger.
5. If the situation is too dangerous to intervene, then immediately tell a trusted adult (ask to remain anonymous if you feel threatened).
6. Reach out to the victim.

Help Lines:

1-800-273-TALK	The Lifeline
1-866-444-6996	Anti-Bullying Hotline
1-800-784-2433	National Hopeline
1-800-273-TALK	National Suicide Prevention Hotline

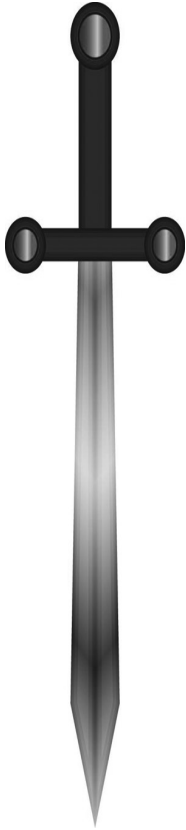
Links:

<http://teen.fightforzero.org/info-for-teens/bullying/bullies-and-bystanders/>

www.bullyfreekids.com

www.christiananswers.net

Sword of the Spirit:



Love your neighbor the same as you love yourself (Luke 10:37).

The wicked flee when no one pursues, but the righteous are bold as a lion (Proverbs 28:1 ESV).

For you will be treated as you treat others. The standard you use in judging is the standard by which you will be judged (Matthew 7:2 NLT).

Don't be afraid of those who want to kill your body; they cannot touch your soul. Fear only God, who can destroy both soul and body in hell (Matthew 10:28 NLT).

The fear of man lays a snare, but whoever trusts in the Lord is safe (Proverbs 29:25 ESV).

Do all that you can to live in peace with everyone (Romans 12:18 NLT).

I call upon the Lord, who is worthy to be praised, and I am saved from my enemies (Psalm 18:3).

Call to Jesus:

Jesus, I am tired of being on the sidelines and I want to now be a part of the winning team. I ask You to take over and to cleanse me from all of my sins. I believe in my heart and confess with my mouth that You laid down Your life for me so that I might be saved. Thank You, Jesus, that I am no longer an onlooker but a part of the body of believers. It is in Your name I pray, Amen!

STEADFAST TEENS
Discussion Questions–Purity

1. Why should we remain pure when everyone else seems to be “doing it?”

2. What are some consequences for not remaining pure?

3. What could girls and guys do to help each other stay committed to purity?

4. What would you really like a guy or girl to notice about you?

5. What are some things you'd like to hear your future husband or wife say about you?

6. Think about what you desire your future spouse to be like. Would your wish list of qualities include multiple partners?

STEADFAST TEENS

Tips and Resources - Purity

Memory Verse: God paid a very high price to make you his. So honor God with your body (1 Corinthians 6:20).

Purity Guidelines:

1. Pray to the Lord for help.
2. Date people who have the same values, and set ground rules at the beginning of your relationship.
3. Watch how you dress and act so you don't give someone the wrong impression.
4. Respect each other. Work on getting to know that person better not in the physical sense, but by becoming best friends with him or her—knowing every intimate detail in the mental sense.
5. Avoid being in tempting situations.
6. Group date.
7. Pace yourself. Don't allow moments to get too passionate. Keep the big picture in mind.
8. Make a plan so you aren't caught off guard.
9. Have an accountability partner.
10. Take all impure thoughts captive and pray to Christ to keep you strong.
11. Pray before each date.
12. Keep in mind that the Lord is on every date with you. Proverbs 5:21 says: "The Lord clearly sees everything you do. He watches where you go." For a quick, cold shower, just think of Jesus being in the sack with both of you.

Help Lines:

- | | |
|----------------|------------------------------------|
| 1-866-331-9474 | National Teen Dating Abuse Hotline |
| 1-877-332-7333 | Real Help for Teens Hotline |
| 1-800-232-4636 | Nat'l STD and AIDS Hotline |

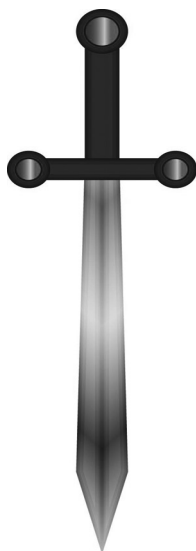
Links:

www.truelovewaits.com

www.virtuousreality.com

<http://www.christianitytoday.com/iyf/hottopics/sexabstinence/10-ways-to-practice-purity.html>

Sword of the Spirit:



Blessed are the pure in heart, for they shall see God (Matthew 5:8).

Let marriage be held in honor among all, and let the marriage bed be undefiled, for God will judge the sexually immoral and adulterous (Heb. 13:4).

Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body (1 Corinthians 6:18 ESV).

Create in me a pure heart, O God, and renew a steadfast spirit within me (Psalm 51:10 NIV).

Call to Jesus:

Lord Jesus, I am too weak to overcome the sins of the world, and I ask You to take over and help me to be strong. Please forgive me for all of my sins. I believe with my heart and confess with my mouth that You are the Son of the Most High God. Wash my heart and make it clean, and help me to live a life that is pleasing to You. Thank You, Jesus, for Your gift of eternal life. In Christ's name I pray, Amen!

STEADFAST TEENS
Discussion Questions – Eating Disorders

1. Have you ever felt pressured to look a certain way? How did you deal with it?

2. The media hypes thinness. How do you think this feeds into eating disorders?

3. Name some famous actresses who are overweight.

4. Name some famous actresses who are thin.

5. Which list was easier to come up with?

6. Name some eating disorders.

7. What are some signs of an eating disorder?

8. Why do you think some people develop eating disorders?

9. Have you ever known someone with an eating disorder?

10. If so, what happened with this person?

11. Have you ever skipped meals to try to lose weight?

12. Is it true that people with eating disorders are always underweight?

13. How can sports play a part in eating disorders?

14. What are some problems that eating disorders can cause?

15. Can eating disorders cause death?

STEADFAST TEENS

Tips and Resources–Eating Disorders

Memory Verse: People judge others by what they look like, but I judge people by what is in their hearts (1 Samuel 16:7 CEV).

Tips for dealing with eating disorders:

1. Pray to the Lord for help.
2. Tell someone you trust who will support and encourage you.
3. Write down what you eat each day. A nutritionist can help you create a healthy eating plan.
4. Journal your feelings. See a Christian counselor or psychiatrist to discover any triggers.
5. Visit a doctor to see if there are any other medical reasons for your problems, along with getting treatment for any symptoms caused by the disorder.
6. Focus on the positive things about yourself.
7. Surround yourself with uplifting people-keep active.

Help Lines:

1-800-931-2237	National Eating Disorders Association
1-877-332-7333	Real Help for Teens Hotline
1-615-831-6987	Mercy Ministries
1-800-RUNAWAY	National Runaway Switchboard 24/7 Confidential

Links:

www.nationaleatingdisorders.com
<http://www.nimh.nih.gov/health/publications/eating-disorders/index.shtml>
<http://christiananswers.net/q-ed/en/eatingdisorders.html>
<http://www.olivebranchoutreach.com/resources.htm>
<http://www.anad.org/wp-content/uploads/2010/08/booklet.pdf>
<http://lifeteen.com/i-hate-you-food-my-struggle-with-anorexia/>
http://www.focusonthefamily.com/parenting/teen_booklets/truth-about-eating-disorders.aspx
www.christiananswers.net
www.1800runaway.org Allows children to leave messages for parents and parents to leave messages for their children.
www.ransom.tv Share your story –what have you been ransomed from?

Sword of the Spirit:



He gives strength to the weary and increases the power of the weak (Isaiah 40:29).

You are altogether beautiful, my love; there is no flaw in you (Song of Solomon 4:7 ESV).

You are the one who put me together inside my mother's body, and I praise you because of the wonderful way you created me (Psalm 139:13-14 CEV).

Charm can be deceiving, and beauty fades away, but a woman who honors the Lord deserves to be praised (Proverbs 31:30 CEV).

Call to Jesus:

Jesus, I'm tired of trying to be perfect because I never will be in the flesh. I thank You that I simply have to believe that You are the risen King and that You have forgiven my sins. Thank You for loving me as I am. In Jesus' holy name I pray, Amen!

STEADFAST TEENS
Discussion Questions–Substance Abuse

1. What are some reasons teens drink and take drugs?

2. Name some different types of drugs.

3. Have you ever seen someone acting different when on drugs or alcohol? What things did they do?

4. What are some ways to avoid getting involved in drugs, smoking and/or alcohol?

5. What kind of wrong decisions could possibly be made while under the influence of drugs or alcohol?

6. What influences around you might contribute to drug use, alcohol consumption or smoking?

7. What are some effects of marijuana?

STEADFAST TEENS

Tips and Resources–Substance Abuse

Memory Verse: Don't be drunk with wine, because it will ruin your life. Instead let the Holy Spirit fill and control you (Eph. 5:18 NLT).

Tips to Avoid or Overcome Substance Abuse:

1. Pray to the Lord for help.
2. Avoid hanging out with the wrong crowd.
3. Don't be in a place where these activities will occur.
4. Before giving in to peer pressure, consider the costs and how it can destroy both you and your loved ones.
5. Get involved in positive activities that will keep you busy.
6. Substance abuse kills, so admit when you need help.
7. Join a support group.
8. Work with a professional counselor, pastor and/or rehabilitation center.
9. Engage with people who will support you and hold you accountable.
10. Remember, no matter how much you use drugs, smoke, or drink alcohol, you'll still always feel empty. It is only the love of Christ and the Holy Spirit that will fill you up.

Help Lines:

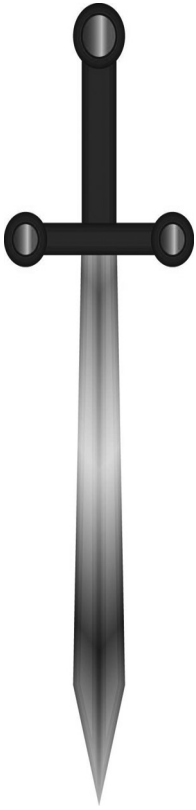
1-877-437-8422	Nat'l Drug and Alcohol Abuse Hotline
1-800-310-3001	Overcomers Outreach, Inc.
1-417-581-2181	Teen Challenge USA
1-615-831-6987	Mercy Ministries of America

Links:

www.mercyministries.org	info@mercymministries.com
www.overcomersoutreach.org	info@teenchallengeusa.com
www.teenchallengeusa.com	

www.ransom.tv (Share your story-what have you been ransomed from?)

Sword of the Spirit:



Anyone who belongs to Christ as a new person. The past is forgotten, and everything is new (2 Cor. 5:17 CEV).

I look up to the hills, but where will my help really come from? My help will come from the LORD, the Creator of heaven and earth (Psalm 121:1-2).

But the Lord is faithful. He will give you strength and protect you from the Evil One (2 Thessalonians 3:3).

So now anyone who is in Christ Jesus is not judged guilty (Romans 8:1).

No test or temptation that comes your way is beyond the course of what others have had to face. All you need to remember is that God will never let you down; he'll never let you be pushed past your limit; he'll always be there to help you come through it (1 Corinthians 10:13 MSG).

Call to Jesus:

Jesus, I can't make it on my own. There are too many things in this world to overcome and I need You to rescue me from them all. I believe in my heart and confess with my mouth that You are the King of Kings and the Lord of my life. I thank You that because You overcame death, that I too can overcome this world and be with You for eternity. Forgive me, Lord, for all my sins. In Jesus' name I pray, Amen!

1. What are some reasons teens drink and do drugs?

(Answers may include: escape; self-medication; peer pressure; boredom; rebellion; lack of confidence; experimentation; social acceptance; depression; family or relationship problems; problems in school)

2. Name some different types of drugs.

(Answers may include: alcohol, marijuana, cocaine, crack cocaine, PCP, LSD, crystal meth, speed, mushrooms, inhalants, heroine, prescription drugs)

3. Have you ever seen someone acting different when on drugs or alcohol? What things did they do?

4. What are some ways to avoid getting involved in drugs, smoking and/or alcohol?

(Answers may include: be careful about who you hang out with; keep busy with positive activities; be aware of the consequences and health risks; don't think that you won't get addicted; make up in your mind you won't do drugs, drink alcohol or smoke cigarettes)

5. What kind of wrong decisions could possibly be made while under the influence of drugs or alcohol?

(Answers may include: driving drunk or high and injuring or killing someone else or even yourself; getting involved in other illegal activities, getting arrested; becoming sexually active and suffering from sexual diseases, unwanted pregnancy; getting into fights)

6. What influences around you might contribute to drug use, alcohol consumption or smoking?

(Answers may include: peer pressure–wanting to fit in; going to parties)

STEADFAST TEENS
Discussion Questions–Cutting

1. What is self-injury and what types are there?

2. What areas of the body are most common for cutting?

3. Why do you think people self-injure?

4. What are some things that might trigger cutting?

5. List activities that can help a person calm down.

6. True or false: Everyone who cuts is suicidal.

7. True or false: People who cut are seeking attention.

8. If you found out one of your friends was cutting, what would you say to him or her?

STEADFAST TEENS

Tips and Resources–Cutting

Memory Verse: He heals their broken hearts and bandages their wounds (Psalm 147:3).

How to distract yourself from self-injuring:

1. Pray and read your Bible
2. Listen to soothing music
3. Call a friend
4. Play with a pet
5. Relax with yoga or a bubble bath
6. Exercise – go for a walk, run, or bike ride; dance
7. Journal your feelings; scribble on paper; compose a song or poem
8. Squeeze a stress ball or playdoh

Substitutes for cutting:

1. Wear a rubber band on your wrist and snap it when you get the urge to cut
2. Draw on your skin with a red marker instead of cutting
3. Rub an ice cube on your skin where you would normally cut

*Seek professional help.

Help Lines:

1-800-DON'T-CUT	More Information on Self-Injury
1-800-273-TALK	24-Hour Crisis Hotline
1-800-334-HELP	Self-Injury Foundation's 24-Hour Nat'l Crisis Hotline

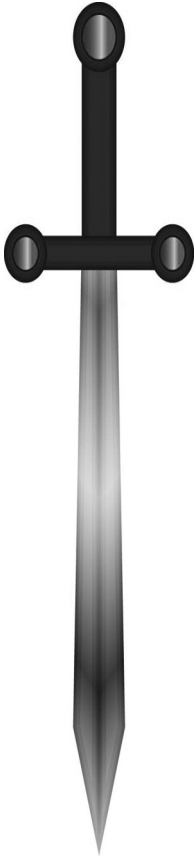
Links:

[www.focusonthefamily.com/lifechallenges/abuse_and_addiction/
conqueringcutting.com](http://www.focusonthefamily.com/lifechallenges/abuse_and_addiction/conqueringcutting.com)

www.towriteloveonherarms.com

<http://www.self-injury.org/>

Sword of the Spirit:



Don't worry—I am with you. Don't be afraid—I am your God. I will make you strong and help you. I will support you with my right hand that brings victory (Isaiah 41:10).

If you are tired from carrying heavy burdens, come to me and I will give you rest (Matthew 11:28-29 CEV).

God doesn't come and go. God lasts. He's Creator of all you can see or imagine. He doesn't get tired out, doesn't pause to catch his breath. And he knows everything, inside and out. He energizes those who get tired, gives fresh strength to dropouts. For even young people tire and drop out, young folk in their prime stumble and fall. But those who wait upon God get fresh strength. They spread their wings and soar like eagles, they run and don't get tired, they walk and don't lag behind (Isaiah 40:27-31MSG).

Good people might fall again and again, but they always get up. It is the wicked who are defeated by their troubles (Proverbs 24:16).

Call to Jesus:

Lord Jesus, I turn over all my hurts and sorrows to You. I believe that You died on the cross to take my pain and rose again to give me hope. I ask You to come into my life and forgive me for all of my sins. Thank You, Jesus, for healing and for eternal life. In Your glorious name I pray, Amen!

STEADFAST TEENS
Discussion Questions–Abuse

1. Why do you think some people are abusive?

2. Do you think anyone who abuses others is ever justified?

3. Do you think that those who have been abused will become abusers? If so, why?

4. Why do you think that so many victims of abuse keep quiet about it?

5. What are some ways a victim might escape an abusive situation?

6. What would you say to someone you know who is being abused, either physically, sexually or emotionally? How might you help them?

7. In what ways was Jesus abused?

STEADFAST TEENS

Tips and Resources–Abuse

Memory Verse: The Lord is close to the brokenhearted and saves those who are crushed in spirit (Psalm 34:18 NIV).

Tips for dealing with abuse:

1. If you are being harmed, seek help. Confide in someone you trust, such as a pastor, teacher, parent, or the authorities.
2. Family counseling may help emotional abuse situations.
3. Be aware of circumstances that may lead to sexual assault.
4. Don't isolate yourself from others – you need a support group.
5. If you know someone being abused, be there to support your friend. Listen and help your friend understand that it is not his/her fault. Encourage professional help.
6. Avoid arguing with a drunk or drugged parent.
7. Have a backup plan in case things get bad: plan a safe place to go to; keep emergency numbers on your phone; do what you need to be safe. You are not being disloyal by protecting yourself.
8. Ask God to give you the grace to forgive the abuser. This does not mean to excuse what he or she is doing and it doesn't mean that person is right. By forgiving, you are releasing that stronghold on your life. You are setting yourself free.

REMEMBER:

9. Abuse is never your fault. No one deserves to be abused.
10. Never believe the negative words that are spoken over you. *You are not defined by what someone says or does to you.*
11. You are made in God's image, and God doesn't make junk.
12. Just because your own father may not treat you right, your heavenly Father cares for you with an unfailing love. He is faithful and can be trusted.

Help Lines:

1-800-799-SAFE	National Domestic Violence Hotline
1-866-331-9474	National Teen Dating Abuse Hotline
1-877-332-7333	Real Help for Teens Hotline
800-4-A-CHILD	Childhelp Nat'l Child Abuse Hotline
1-888-290-7233	Safe Place

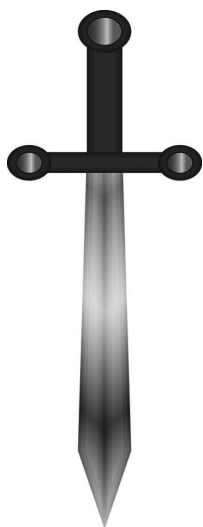
Links:

www.christianfaith.com/resources/abuse

www.christiananswers.net

www.childhelp.org

Sword of the Spirit:



Yes, God even knows how many hairs you have on your head. Don't be afraid. You are worth much more than many birds (Luke 12:7).

For the wicked shall be destroyed, but those who trust the Lord shall be given every blessing (Psalm 37:9 TLB).

You protected me from violent enemies and made me much greater than all of them (Psalm 37:9 CEV).

When you talk don't say anything bad. But say the good things that people need-whatever will help them grow stronger. Then what you say will be a blessing to those who hear you (Ephesians 4:29)

Call to Jesus:

Lord, I turn my life over to You, to shape it into something beautiful as only You can. I believe in my heart and confess with my mouth that You took the abuse for me, that I may be free from sin and have eternal life. Please forgive me for any and all sins. Thank You, Jesus, for Your unfailing love. It is in Your holy name I pray, Amen!

STEADFAST TEENS
Discussion Questions–Suicide

1. Why do you think people decide life isn't worth living anymore?

2. Are there times when you feel like giving up? If so, what do you do to get through it?

3. If you think someone you know is considering suicide, should you tell someone?

4. What can you do to help a friend who is talking about suicide?

5. Have you known someone who committed suicide?

6. If so, how did it affect their family and friends?

7. What are your dreams and ambitions for your life?

8. What can you do to stay focused on your future goals?

STEADFAST TEENS

Tips and Resources-Suicide

Memory Verse: For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future (Jeremiah 29:11).

If you or someone you know is contemplating suicide:

1. Pray.
2. Immediate intervention is crucial.
3. Talk to someone who can help you find other options and to see the positive in life.
4. If it's your friend, help that person to see new reasons for getting up each day.
5. Since loneliness usually makes depression and suicidal thoughts worse, spend lots of time with friends and loved ones.
6. Keep busy with activities.
7. Seek professional help.
8. Choose life!

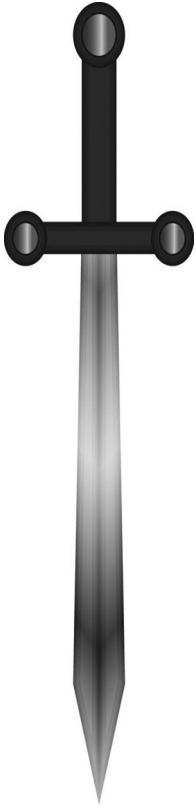
Help Lines:

1-800-SUICIDE	24-Hour Hotline
1-877-332-7333	Real Help for Teens Hotline
1-877-727-4747	Suicide Prevention Line

Links:

www.christianliferesources.com/article/suicide
www.walking-wounded.net
www.sprc.org/settings/faith-based
www.christiancounselingcoalition.org
www.suicidepreventioncenter.org
<http://teenlineonline.org/talk-now/#sthash.nJ0EHzfF.dpuf>

Sword of the Spirit:



Why am I so sad? Why am I so upset? I tell myself, “Wait for God’s help! You will again be able to praise him, your God, the one who will save you” (Psalm 42:11).

I waited patiently for God to help me; then he listened and heard my cry. He lifted me out of the pit of despair, out from the bog and the mire, and set my feet on a hard, firm path, and steadied me as I walked along.

Oh, that you would choose life! Choose to love the Lord your God and to obey him and to cling to him, for he is your life and the length of your days (Deuteronomy 30:19-20 TLB).

Christ in you brings hope for all the good things to come (Colossians 1:27 NLV)

We wait in hope for the LORD; he is our help and our shield. In him our hearts rejoice, for we trust in his holy name. May your unfailing love be with us, LORD, even as we put our hope in you (Psalm 33:20-22 NIV).

Call to Jesus:

Lord Jesus, I thank You that You came to give life and to give it more abundantly.² I believe in my heart and confess with my mouth that You are the Son of God and that You died so that I could live. Please forgive me for all of my sins. I know that You are alive and You have a plan for me, so this day I choose life! Thank You, Jesus. In Your mighty name I pray, Amen!

STEADFAST TEENS
Discussion Questions – Witnessing

1. Have you ever had an opportunity to share Christ with someone but didn't because you were afraid to? If so, how did that make you feel?

2. Have you ever shared your faith with someone, and if so, what was that experience like?

3. What are some excuses that people use for not sharing their faith?

4. What are some excuses that people use for not sharing their faith?

5. What are some ways that you can share Jesus with others?

STEADFAST TEENS

Resources–Witnessing

Memory Verse: But before people can pray to the Lord for help, they must believe in him. And before they can believe in the Lord, they must hear about him. And for anyone to hear about the Lord, someone must tell them (Romans 10:14).

Links:

www.christianwitnessingtools.com

<http://peacewithgod.net>–The gospel shared through videos, testimonies and scriptures. Great site to share with others.

www.creativebiblestudy.com/how-to-witness.html–Tips on how to share your faith and free Christian tracts to download.

www.fervr.net–An award-winning Christian youth site with free teen devotions, movie reviews & videos.

Sword of the Spirit:



But keep the Lord Christ holy in your hearts. Always be ready to answer everyone who asks you to explain about the hope you have. But answer them in a gentle way with respect. Keep your conscience clear. Then people will see the good way you live as followers of Christ, and those who say bad things about you will be ashamed of what they said (1 Peter 3:15-16).

Go everywhere in the world. Tell the Good News to everyone (Mark 16:15).

Call to Jesus:

Lord Jesus, I ask You to forgive me for the ways I've sinned and for not living my life for You. I believe that You are the One True God who was crucified for me but is alive today. Thank You, Jesus, that I can now walk in the boldness of Christ, that the Holy Spirit will guide me, and that Your love for me is so strong that it just pours out of me onto others. Thank You, Jesus, for winning my soul. Amen!

Ways to Evangelize

Since every person and situation is unique, a different approach to evangelizing may be required for each circumstance. Prayer is foremost in having the boldness of Spirit and the wisdom to use the most acceptable approach. Always be prayed up. Remember we are to love people into the Kingdom instead of trying to argue them there. Following is a basic guideline to evangelizing:

1. Model the example of Jesus when He witnessed to the woman at the well:
 - a. Try to speak to the person alone, if possible. People tend to respond better that way.
 - b. Start with small talk, then turn the conversation to Christ by asking something like, “Do you go to church?” The answer to that question will impact what you say next. Some people attend church but don’t have a relationship with Jesus, so it’s important to establish that fact.
2. Depending on the situation, it may be inspiring to share your testimony and what the Lord has done for you. Ahead of time write out your testimony so you will be prepared.
3. Once you are on the topic of religion, a combination of scripture found in Romans and also the Ten Commandments can be used to witness. Ask:
 - a. Do you consider yourself a good person? Romans 3:10 says: “There is no one doing what is right, not even one.”
 - b. We all need salvation because we’ve all sinned. Romans 3:23 confirms: “All have sinned and are not good enough to share God’s divine greatness.”
 - c. If you don’t believe you’re a sinner, let’s look at God’s law-The Ten Commandments:
 1. Put God first
 2. Worship only God
 3. Use God’s name with respect
 4. Remember God’s Sabbath
 5. Respect your parents
 6. Don’t murder (having anger in your heart is the same)
 7. Don’t commit adultery (looking at someone with lust is the same)
 8. Don’t steal
 9. Don’t lie
 10. Don’t envy others.
 - d. Stealing one little thing, telling a little white lie, or even holding

onto anger makes you a sinner. James 2:10 says: “You might follow all of God’s law. But if you fail to obey only one command, you are guilty of breaking all the commands in that law.”

- e. What is the price of sin? Romans 6:23 tells us: “When people sin, they earn what sin pays—death. But God gives his people a free gift—eternal life in Christ Jesus our Lord.” Just as a good judge wouldn’t let the guilty go free, we too must be punished for our sins.
- f. But instead someone else took our punishment—Jesus Christ died for our sins. Romans 5:8 says: “But God showed how much he loved us by having Christ die for us, even though we were sinful” (CEV).
- g. Just how are we saved? Romans 10:9-10 tells us: “So you will be saved, if you honestly say, “Jesus is Lord,” and if you believe with all your heart that God raised him from death. God will accept you and save you, if you truly believe this and tell it to others.”
- h. The assurance of our salvation comes from Romans 10:13: “All who call out to the Lord will be saved” (CEV).

Make Jesus the Lord of Your Life and Grow in Your Faith:

- 4. Pray daily and read the Bible (the Gospel of John is a good place to start); put God first; go to church weekly; love others and share Jesus with them.

ABC Salvation Prayer:

Lord, I **admit** that I am a sinner, but I **believe** that You died on the cross for my sins and to give me eternal life. I **confess** my sins and ask You to come into my heart, wash it clean, and help me to live for You. In Jesus’ name I pray, Amen!